

**Flight Lieutenant Margaret Bell RAF VR(T)
Officer Commanding
22 (Sandy) Squadron ATC**

*Bedfordshire and Cambridgeshire Wing
Air Training Corps*

Tel.: 01480 352290 Mob: 07810 486412 Email: 22Sqn@BedsCambsWgATC.org



Please reply to the Officer Commanding

Your reference:

Our reference:

Date: 20 Apr 09

See Distribution

PRESS RELEASE

Medal win for Sandy Air Cadets

Three Air Cadets from 22 (Sandy) Squadron won medals at the Bedfordshire & Cambridgeshire Wing Athletics last Sunday, which was held at Bedford Athletic Stadium.

Cadet Glen Crouch gained a Gold Medal in the Youths High Jump, Cpl Kim Coates a Silver medal in the Senior Girls 1500 metres and Cadet Melinda Haine Silver in the Junior Girls Shot.

Cadet Crouch commented "I couldn't believe it, it is amazing what you can achieve with a bit of determination".

The Cadets will go on to represent their Wing at Region in June. The medals were presented by Officer Commanding Beds & Cambs Wing, Wing Commander Paul Bower.

Congratulation to all the medal winners and all the Cadets who took part.

If you would like more information on how to join as a Cadet a member of Staff or Civilian Committee please call 01480 352290, email 22Sqn@BedsCambsWgATC.org or log onto the website at sandy-aircadets.org.uk and follow the link.

Margaret Bell
Flt. Lt. RAF VR(T)
OC 22 Squadron

Distribution:



The ATC/ACF Cadet Centre, Alnwick Close, Sandy, Beds. SG19 1UA (no mailbox facility)



Website: www.sandy-aircadets.org.uk Charity Exemption W182/00

Local media
Air Cadet Magazine
RAF News
RFCA Press
CVQO
Wing Webmaster
RMCO

Encls:

Cpl Coates – medal presented by Wg Cdr Bower
Cadet Haine – medal presented by Wg Cdr Bower
Cadet Crouch (*middle*) presented by Wg Cdr Bower
Team – *front 3 medal winners left to right Cdts Haine, Crouch and Cpl Coates*



The ATC/ACF Cadet Centre, Alnwick Close, Sandy, Beds. SG19 1UA (no mailbox facility)

Website: www.sandy-aircadets.org.uk Charity Exemption W182/00

